

Lunch

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Chinese Style Sweet and Sour Chicken	Roast Loin of Pork with Apple Sauce and Gravy	Butcher's Sausages	Traditional Beef Lasagne	Fried Chicken Katsu Style
Vegetarian	Quorn in Sweet and Sour Sauce	Beetroot, tomato and Red Onion Tart	Vegan Sausages	Ratatouille	Fried Aubergine Katsu Style
SIDES	Egg Fried Rice Stir fried Vegetables	Rosemary & Garlic Roast Potatoes, Cauliflower cheese and Green Beans.	Smashed New Potatoes, Broccoli, Glazed Carrots Caramelised Onion Gravy	Homemade Focaccia Bread Peas & Salads	Rice, Crispy Onions, Pickled Red Cabbage, Sweetcorn
PASTA BAR	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce
DESSERT	Strawberry Jelly, Custard	Sticky Toffee Pudding Toffee Sauce	Chocolate Fudge Cake	Eton Mess	Raspberry Sponge and Custard
EVERY DAY	A Selection of both Simple and Freshly Made Composite and Protein Salads Choice of Fresh Fruit				

Lunch

Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main event	Thai Green Chicken Curry	Homemade Pepperoni Pizza	Spaghetti Bolognese	Roast Chicken	Butchers Sausages, Bacon
Vegetarian	Sweet Potato & Courgette Thai Green Curry	Homemade Margherita Pizza	Lentil Bolognese	Roasted Quorn Casserole	Vegan Sausages
Sides	Fragrant Rice, Steamed Pak Choi, Broccoli	Salads Corn On the Cob, Fries	Parmesan Cheese, Garlic Bread Peas, Sweetcorn	Garlic & Thyme Roast Potatoes, Roast Parsnips, Green Beans	Hash Browns, Baked Beans, Tomatoes, Peas
Pasta Bar	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce
Dessert	Strawberry Mousse	Pear Crumble, Chocolate Sauce	Cherry Sponge, Custard	Raspberry Cheesecake	Steamed Syrup Sponge Cream
EVERY DAY	A Selection of both Simple and Freshly Made Composite and Protein Salads Choice of Fresh Fruit				

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WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Chicken, Leek, Mushroom Pie	Mexican Style Chicken Fajita	Mince Beef and Onion Hotpot	Chicken Tikka Masala	Battered Cod served with Homemade Tartare Sauce
Vegetarian	Leek, Mushroom, Potato Pie	Mexican Style Vegetable Fajita	Quorn Mince and Onion Hotpot	Cauliflower, Chickpea, and Spinach Tikka Masala	Fishless Fingers
SIDES	Mashed Potatoes, Peas and Roasted Carrots	Tortilla wraps, Sour Cream , Guacamole, Broccoli, Wedges	Garlic Infused New Potatoes, Braised Red Cabbage, Green Beans	Rice, Onion Bhaji, Mango Chutney	Chunky Chips Baked Beans Peas
JACKET AND PASTA BAR	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce
HOT DESSERT	Cinnamon & Apple Crumble Served with Cream	LemonDrizzle Cake	Cornflake Cake Served with Custard	Chocolate Trifle	Iced Sponge
EVERY DAY	A Selection of both Simple and Freshly Made Composite and Protein Salads Choice of Fresh Fruit				