

Daily Routine

Monday, Tuesday, Thursday & Friday

Morning:

7.00am	Wake up!
7.30am	Breakfast
8.00am	Free time / music practice
8.30am	School day begins

Evening:

6.10pm	Sign in with Housemistress / change into own clothes
6.30pm	Supper
7.00pm	Organised activities

Years 5 & 6:

7.55pm	Getting ready for bed
8.15pm	'Whisper time'
8.30pm	Bedtime

Year 7:

8.00pm	Drinks
8.15pm	Getting ready for bed
8.45pm	'Whisper time'
9.00pm	Bedtime

Year 8:

8.15pm	Drinks
8.30pm	Getting ready for bed
9.00pm	'Whisper time'
9.15pm	Bedtime

Music Practice

If you are studying an instrument, you are encouraged to do music practice when boarding. This normally occurs in the morning after breakfast.

You are given priority over day pupils and music lessons may also be arranged before the start of the school day.

Summer term (after CE)

Year 7:

8.15pm	Drinks
8.30pm	Getting ready for bed
9.00pm	'Whisper time'
9.15pm	Bedtime

Year 8:

8.30pm	Drinks
8.45pm	Getting ready for bed
9.15pm	'Whisper time'
9.30pm	Bedtime

Wednesday Evenings

Unless you are playing in a match, you can participate in an exciting range of activities during the afternoon.

Following a light supper, you are treated to a visiting speaker's presentation or other interesting activity and the evening is rounded off by watching a DVD previously chosen by yourselves.

Occasionally, a 'themed' evening is held (Burns' Supper, Roman banquet, Greek & Spanish evenings, New York night etc). These evenings are extremely popular and are open to all members of Year 8 - whether boarding or not.

A very useful pull-out guide for boarders to keep



A BOARDERS' GUIDE TO BOARDING

"Freedom to spend extra time with my friends!"

Facilities and Play Areas

During boarding time, the school's facilities are available, including the library, art room, Jubilee Hall (except when school music events are scheduled), music and computer rooms, cookery room and swimming pool.

A large cinema-type TV screen is available for DVDs, sporting events and lectures at agreed times.

Boarders can chill-out in the cellars in the evenings, playing pool, table football, air hockey, safe darts and table tennis. There is also a boarders' television lounge for watching films or television programmes.

Boarders may play in outside lit areas as well as the indoor facilities in winter. In the summer months, boarders may also use the tennis courts and the big games field.

"The facilities are fun and plentiful."



"You're never late for school!"

Meals and Tuck

All boarders have a cooked meal at 6.30pm. Breakfast is either continental or full English.

We have a Tuck Shop for boarders. Flexi-boarders can have up to 30p tuck on the night they board. Full boarders are allowed to purchase tuck up to the value of 35p on Wednesday evenings.

No food should be brought in from home.

Mobile Phones, etc

You may bring only the most basic type of mobile phone into school. Any electronic devices with cameras or the facility to access the internet are not allowed. Phones must be registered with the Housemistress and may only be used during boarding time. They are handed back to the Housemistress overnight.

There are two coin-operated telephones for you to use and receive calls from parents - 7.40pm to 8.00pm (Years 5 & 6) and 8.35pm to 8.55pm (Years 7 & 8).

01206 575661 and 01206 766991



Your Questions answered ...

What should I do if I feel unwell during the night?

You can knock on the Housemistress's door (girls) or the duty boarding team member (boys) during the night should you feel unwell.

When will I be able to have a bath or a shower?

Boarders shower or bath either every evening before bedtime or in the mornings.

You are not allowed to share toiletries or use aerosols due to health and safety reasons.

If I forgot something like my toothbrush or towel, what should I do?

Ask one of the boarding staff and they will provide you with whatever you need.

Who does all my washing?

Only the full boarders get underwear, socks and shirts washed every night. These items must be given to the Housemistress at 6.15pm - make sure everything has been named, including your bedding!

Flexi-boarders may give their kit to the Housemistress at tea-time if it is needed for a match on the following day.

What activities are there during boarding time?

Every evening, the boarding team organise a range of activities in response to requests.

These can include swimming, ICT, various sporting activities in the Sports Hall or on the field in summer; tennis; playing in the adventure playground; music; dancing; cookery; art activities such as portfolio work, poster, crafts and hobbies; games in the cellars.

What should I bring to school?

- One or two sets of sensible play clothes (to be kept in your locker)
- Suitable nightwear including dressing gown, slippers with hard soles and flip-flops for trips to bathroom
- Wash bag with shampoo and towel
- Hairbrush or comb
- Full set of school uniform (plus a spare set)

You can also choose to bring your own duvet cover, pillowcase, teddy and toys, games (not electronic) or books. You should not bring in any money or jewellery, apart from a suitable watch.

What are the expectations for behaviour?

All boarders are expected to show care, courtesy and consideration to others and behave responsibly. Good behaviour is recognised by the awarding of a Boarder of the Week certificate in assembly and an extra tuck bonus. We also nominate a boy's and girl's dorm of the night every morning, which is recognised with a certificate on the door and extra whisper time for the top scoring dorm each half term.

Boarders whose behaviour is not quite what is expected will eat breakfast away from their friends the following morning. Serious behaviour incidents will mean nights of boarding will be missed - definitely not a good idea.

Can I bring a camera in to school?

Year 8 particularly like to bring cameras during their last couple of weeks of boarding to take photos of their friends. In this case, a similar system to that with mobile phones is operated. You should bring your camera to the surgery on arrival. The swap system will operate with a card to ensure the camera is returned to the surgery at bedtime. Cameras are not allowed in the bedrooms.

Someone to Turn to ...

What to do if you are worried or unhappy

It doesn't matter what the problem is, whether you feel worried about something, are concerned about the way you have been treated, perhaps someone else is upset or you are feeling homesick or do not understand the work you have to do, **there is always someone to whom you can turn - someone who will listen.**

The most important thing to remember is that if you are worried or unhappy about anything, then you **MUST** tell someone.

Who to see

Please remember, first and foremost, your parents will listen and understand if you want to talk to or confide in them. They in turn may want to talk to your tutor or any other member of staff.

In school, the first person to turn to is your tutor. You can also talk to Mrs Bradbury (Head of Boarding) or Mrs De Voy (Housemistress). Alternatively, you may prefer to see a Shadow or any of the boarding team staff.

If you feel that none of these people can help, you can talk to an independent listener (see panel).

There is also, of course, the national free-phone helpline, Childline. Any member of staff can also put you in touch with someone who will visit the school from time to time from the local Social Services department. These are all people who will listen to your worries and try to help you if they can.

The important thing is that if something is upsetting you, the sooner you talk to someone, the quicker and easier it will be to sort out the problem!

Remember - you will not get into trouble just because you complain about something or someone.

Current Boarding Team

Mr Mitchell	Mr White
Mrs Mitchell	Mr Cook
Mrs Bradbury	Mr Jeffries
Mrs De Voy	Anthony Speed
Miss Denny	Josh Fleming
Mrs Earley	Emma Willis
Mrs Baker	Megan Jones
	Phoebe Spiers

In keeping with national guidelines, the school has sensible policies concerning your safety.

Telephone Numbers

Childline 0800 1111

(Childline information booklets are available in the phone booth, on the notice board and from the Housemistress)

Help at Hand 0800 528 0731

Independent Listeners

Mrs Jane Tuckwell	Rev Mark Wallace
01206 575266	01206 572641
07896 297458	07772 615378

*Happiness is
Holmwood;
a true Holm
from Home*